

PRAYER

“Is prayer your steering wheel or your spare tire?” -Corrie Ten Boom

What is the purpose of prayer? Share your thoughts.

How does prayer promote intimacy with God and others?

- *Psalm 145:18 “The Lord is near to all who call on him, to all who call on him in truth.”*
- *James 5:16 “Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.”*

What are barriers that keep you from being devoted to prayer (*Col 4:2*) and having continual prayer (*1 Thess. 5:17*)? How can we combat these barriers?

If a new believer asked why they should pray, how often they should pray, and what they should pray for, what would you say? (*1 Tim. 2:1-4, Phil. 4:6-7*)

ACTIVITY: As a group, pray out loud through the ACTS prayer model.

Adoration - Reflect on God and praise Him for his character.

Confession - Humbly admit your sins to God.

Thanksgiving - Tell God how grateful you are for everything He has given. (*Thankfulness for both good and bad things helps us to see His purposes.*)

Supplication-make specific requests for yourself and others

APPLY: “This week, I will _____.”

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