



C.I.A.P. - DISCIPLESHIP GUIDE

CONFESSION: What do you need to confess? (You can use a few of these questions at a time.

The hope is to help them understand the “why” behind their sin and not just try to modify their behavior)

- Where do you run for comfort?
- What do you most highly value?
- What do you think about by default?
- What is your highest goal?
- To what or whom are you most committed?
- Who or what do you love the most?
- Who are what do you trust or depend on the most?
- Who or what do you fear the most?
- Who or what do you hope in and hope for most?
- Who or what do you desire the most? Or, what desire makes you most angry or makes you despair when it is not satisfied?
- Who or what do you most delight in or hold as your greatest joy and treasure?
- Who or what captures your greatest zeal?
- What do you complain about the most?
- To whom or for what are you most thankful?
- For whom or what great purpose do you work?
- What do you brag about?
- Whose approval are you seeking?
- What are the primary things you spend your money on?
- Where do you place the majority of your time?
- Have you looked at pornography or masturbated this week? (If they are in a relationship, ask about the physical relationship)

LEARNING: What are you learning? (*Figure out if your students know how to study Scripture. If not, help them learn!*)

- What are you reading?
- What did you learn about God? What did you learn about the Gospel?
- How's your consistency?
- We put together a Bible reading plan for our BSM each semester.
This has been helpful because many people are all reading the same things.

ACCOUNTABILITY: How can we hold you accountable this week?

(Emphasize the community aspect of pursuing sanctification.)

- This section ties easily into the confession questions. It provides a practical way to walk together to identify sin and pursue sanctification together.
- How do we point one another to the Gospel daily?
- Come up with practical ways to actually follow through.
 - Example: *Say your group has a hard time being consistent with reading the Bible.*
 - *Have a group text that you use each day to tell everyone that we've read.*
If someone hasn't sent in a text and it's late in the day, we can check in with them.

PRAYER & PRAISE: How can we pray for you? What are you praising God for?

- You can keep a list / journal of prayer requests and follow-up later in the semester.